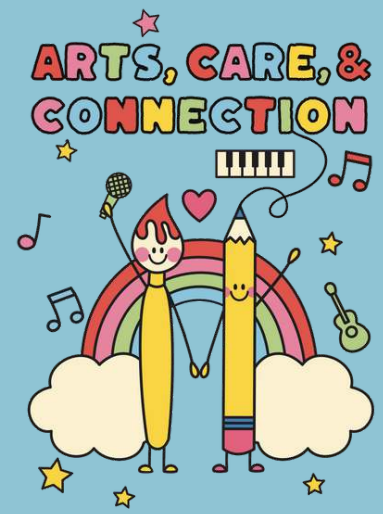


Artist Led WARM-UPS BIG MOVEMENT



♥ Body Isolations & Flow with Ariande Grace

♥ Body Warm Up with Valentina Ortiz

♥ Clown Warm Up with Heather Pearl

♥ Group Mirror Warm Up with Nicole McCall

♥ Haitian Dance Warm Up with David Durosier

♥ Name Gestures with Orion Bradshaw

♥ Peruvian Dance with Luciana Proano

♥ Theatre Storytelling Warm Up with Maia McCarthy

♥ What Are You Doing Game with Rae Davis



Find the complete video lesson from each art
in English and Spanish at

www.ArtsCareAndConnection.org